The End Stage Renal Disease (ESRD) Peer Mentoring Program Pilot Consider Becoming a Peer Mentee

The Peer Mentoring Program Pilot is a trial phase of the ESRD Peer Mentoring Program that is managed by the ESRD National Coordinating Center (NCC). Participation is voluntary.

Do you sometimes feel overwhelmed from dealing with kidney disease?



Are you open to learning about ESRD treatment choices?

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Would you like to connect with other ESRD patients who may have similar experiences?

If you answered yes to any of these questions, you might be the right person to participate in the ESRD Peer Mentoring Program Pilot.

What Is Peer Mentoring?

Peer mentoring is a form of mentorship that usually takes place between a person who has lived through a specific experience (peer mentor) and a person who is new to that experience (the peer mentee). Peer mentors provide education and social support to mentees.

What Is the Purpose of the Peer Mentoring Program?

The purpose of the ESRD Peer Mentoring Program is to:

- Help patients new to dialysis adapt to their diagnosis,
- Provide patients with information specific to their dialysis situations, and
- Encourage patients to take an active role in their care plan.

Where Can I Get More Information on the Peer Mentoring Program?



To be considered as a Peer Mentee in the ESRD Peer Mentoring Program Pilot, please email the ESRD NCC at <u>kidneylearninghub@hsag.com</u> to request an application.



For more information on the ESRD Peer Mentoring Program Pilot, please visit www.kidneylearninghub.com/mentee.



Learn more about the ESRD NCC by visiting <u>www.esrdncc.org</u>. If you still have questions or would like more information about this opportunity, please contact us at <u>kidneylearninghub@hsag.com</u>.



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