Expert Teams – Hospitalization *Case-Based Learning & Mentorship*

Tuesday, May 16, 2023

Facilitator: Julie Moss, ESRD National Coordinating Center



Meeting Logistics

- Call is being recorded
- Participants can unmute themselves
 - Please stay on mute unless you are speaking
 - Do not place the call on "hold"
- Everyone is encouraged to use the video and chat features
- Meeting materials will be posted to the ESRD NCC website.



Who Is On The Call?

Clinician and Practitioner Subject Matter Experts

Dialysis Facility and Transplant Professionals

ESRD Network Staff

Kidney Care Trade Association Members Centers for Medicare & Medicaid Services (CMS) Leadership



What are Expert Teams?



Participants from varying levels of organizational performance, each with lived experience and knowledge, come together to support continual learning and improvement



Help others learn faster by sharing what worked and what didn't work around a particular case, situation, or circumstance



Bring the best possible solutions to the table



Expert Team Call Objectives





Test processes through the application of knowledge from the cases



Use inquiry-based learning to problem solve



Examine clinical reasoning, problem solving, and decision making through lived experience



Act as a consultancy for behavior change and improvement



Questions to Run On. . . How Might We

- Provide patients the knowledge and skills to prevent unplanned hospitalizations?
- Improve communication between hospitals and dialysis facilities to reduce hospital readmissions?
- Assist patients with unstable support systems or financial issues that may impact hospitalizations and Emergency Department visits?



A QIO-ESRD Collaboration to Improve Transitions Across the Care Continuum

Claire Taylor-Schiller, RN Quality Improvement Analyst Midwest Kidney Network



Superior Health Quality Alliance

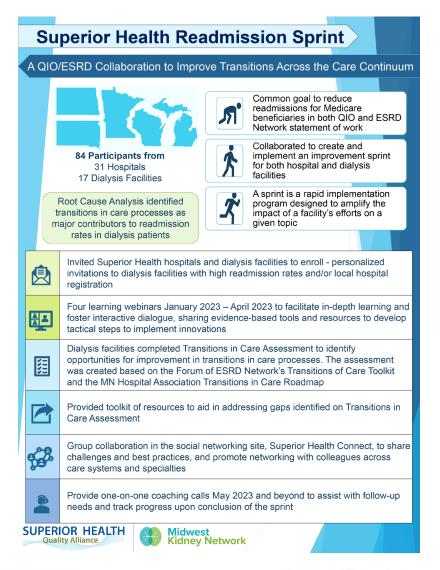
- Partnership between 8 member organizations
 - Midwest Kidney Network
 - 4 Hospital Associations (Illinois, Michigan, Minnesota, Wisconsin)
 - 3 QIOs (Stratis, iMPROve Health, MetaStar)





SUPERIOR HEALTH

Quality Alliance





SUPERIOR HEALTH Quality Alliance

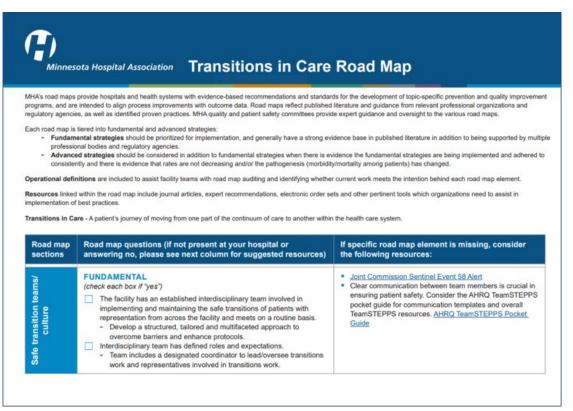
Sprint Webinars

- 1. Kickoff Introduction and Assessment
- 2. Action Plan and Desired Performance
- 3. Implementation Planning
- 4. Sustainability and Maintenance
- 5. Informal sharing project progress, new barriers, best practices
- 1:1 coaching calls prn during sprint and scheduled after Webinar 4





Assessment – MHA Roadmap





Midwest Kidney Network SUPERIOR HEALTH Quality Alliance

Assessment – Dialysis Facility Transitions in Care

Dialysis Facility Transitions of Care Assessment

Each assessment survey question identifies fundamental and advanced strategies in transitions of care to assist facilities in identifying process gaps. If any of the concepts are missing in your facility, please see the accompanying toolkit for resources to assist in implementation of best practices.

1. The facility utilizes the following transitions of care **team and culture** concepts:

- Fundamental: The facility has an established interdisciplinary team involved in implementing and maintaining the safe transitions of patients with representation from across the facility and meets on a routine basis.
- Fundamental: The interdisciplinary team has defined roles and expectations. The team includes a designated coordinator to lead/oversee transitions of care work and representatives involved in transitions work.
- Fundamental: The interdisciplinary team reassesses patients monthly who experience extended or frequent hospitalizations, defined in the conditions for coverage as hospitalizations longer than 15 days, or more than 3 hospitalizations in a month.
- Advanced: Leadership sets expectations and accountability for established culture of safety to support patient transitions of care.

ig] Advanced: The facility has developed and maintained active partnerships with organizations in the

- Survey Monkey
- Followed similar concepts from hospital road map
- Utilized Forum Transitions in Care Toolkit, Hospitalization Change Package, Conditions for Coverage to guide concept development
- Shared results back with individual facility and aggregate responses

SUPERIOR HEALTH



Areas of Greatest Opportunity – Dialysis Facilities

Staff Education: Expectations and supporting education regarding transitions of care have been incorporated into orientation

Team and Culture: The IDT team has defined roles and expectations. Team includes a designated coordinator to lead/oversee transitions of care work.

Quality Improvement: Identifies metrics to analyze focused on reducing readmissions including: all-cause readmissions, potentially preventable readmissions, stratification by diagnosis, etc. Team reviews metrics as part of QAPI program

Medication Management: Reviews dialysis-related medications given in the hospital and updates nephrologist on changes made to dialysis medications during hospitalization

Patient Education: Patient and family are provided with written contact information for dialysis and primary care providers



SUPERIOR HEALTH

Resource Toolkit



Resources and best practices to support improvement in transitions of care.

TEAM AND CULTURE

- A Change Package to Reduce Hospitalizations: Key Change Ideas for Dialysis Facilities to Drive Local Action: Hospitalization Change Package
- Culture Road Map: 8 focus areas to facilitate implementation of culture change: https://mnpatientsafety.org/culture-road-map
- CMS Conditions for Coverage Interpretive Guidelines, defining unstable patients, page 200-202: CfC. Interpretive Guidelines

QUALITY IMPROVEMENT

- A Change Package to Reduce Hospitalizations: Key Change Ideas for Dialysis Facilities to Drive Local Action: Hospitalization Change Package
- Forum of ESRD Networks Transitions of Care Toolkit, pages 49 65, and sample templates page 96+: Transitions of Care Toolkit
- Sample Root Cause Analysis Tool: MKN Quality Improvement Plan
- Patient Engagement in QAPI: Patient Module: Understanding and Participating in QAPI; Patient Module: ٠ Understanding and Participating in QAPI Spanish

STAFF EDUCATION

- A Change Package to Reduce Hospitalizations: Key Change Ideas for Dialysis Facilities to Drive Local Action: Hospitalization Change Package
- Forum of FSRD Networks Transitions of Care Toolkit names 49 65 and sample templates name 96+



Midwest Kidney Network SUPERIOR HEALTH Quality Alliance **Quality Alliance**



There are various ways to track readmission data for dialysis facilities, each with their pros and cons. The sections below will describe some of the different approaches in tracking readmission data.

STANDARDIZED READMISSION RATIO

The standardized readmission ratio is available to facilities on the dialysis facility report and updated on a quarterly basis. The ratio, however, is not as intuitive to understand, and based on a more complex calculation. Additionally, the ratio is typically not based on the most recent data. The ratio does include all-cause readmissions. The technical specifications can be found here: CY 2023 QIP Technical Specifications

READMISSION RATE PROVIDED ON NETWORK FACILITY REPORT

The readmission rate provided from the Midwest Kidney Network on the monthly facility specific report is expressed as a percentage of hospital admissions that occurred within 30 days of discharge from a previous hospital admission for Medicare patients. This rate the Network receives directly from the ESRD NCC Data Warehouse based on Medicare claims. The most recent data is from the previous month, making it a timely reflection of the rate.

However, the only hospitalizations that are included in this rate are those that have a primary diagnosis code on the Medicare claim from the list of Primary Diagnosis Categories found here: Primary Diagnosis Codes Although this rate is intuitively easy to understand and readily obtained from the Network, it is not inclusive of all-cause admissions and if used solely, can provide a false sense of a low rate as it does not capture all patients and all hospitalizations. Using this as the only metric to track readmission rates will not accurately show the true picture of readmissions at the dialysis clinic.

INTERNAL DATA TRACKING

Tracking all hospitalizations and readmissions within 30 days of discharge through internal tracking tools (using electronic health records, Excel spreadsheets, etc.) can be the most burdensome on time and resources, especially with initially establishing the process. However, this method will most accurately reflect the true rate at the clinic, as well as be easily understood. The recommended interval for completing this is monthly, as well as maintaining a rolling 12-month rate.



Midwest Kidney Network SUPERIOR HEALTH Quality Alliance **Quality Alliance**

Questions?

Claire Taylor-Schiller RN, BAN Quality Improvement Coordinator Midwest Kidney Network <u>claire.taylor-schiller@midwestkidneynetwork.org</u> 651-644-9877 ext. 114



SUPERIOR HEALTH

Quality Alliance

Introducing Nephrocardiology

Andrew Bland, MD Tri-State Dialysis Medical Director



Introducing Nephrocardiology

Or Cardiorenal Readmissions Group

Andrew Bland MD

Parta Hatamizadeh 厄

CJASN 17: •••-••, 2022. doi: https://doi.org/10.2215/CJN.10940821

2 CJASN

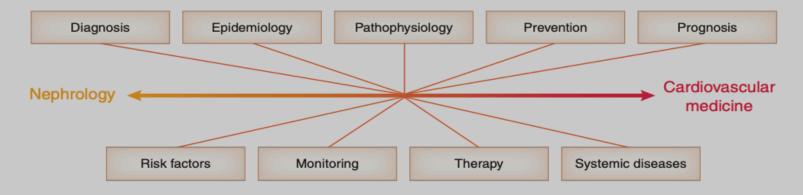
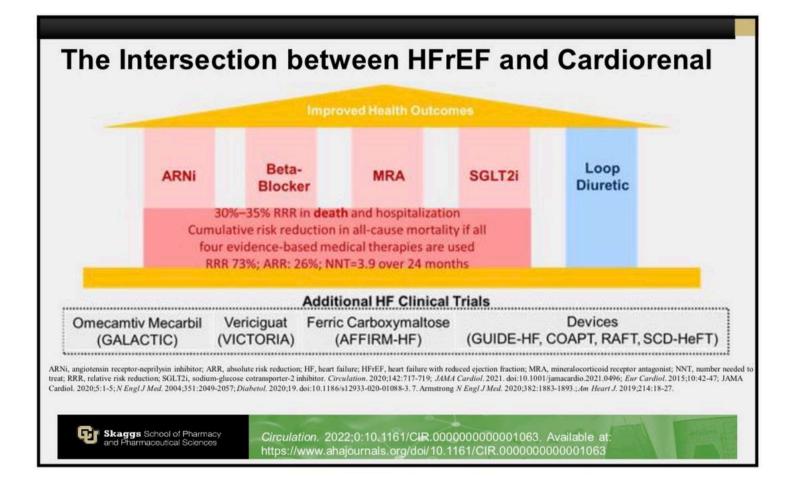
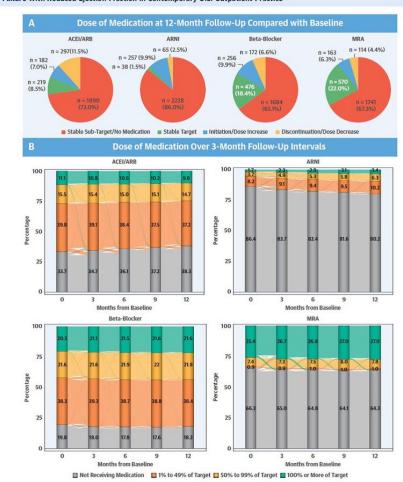


Figure 1. | The nine elements of the interaction between nephrology and cardiovascular medicine that compose the subject matter of nephrocardiology. Each of these elements can be viewed from different standpoints (see text for an explanation and examples).

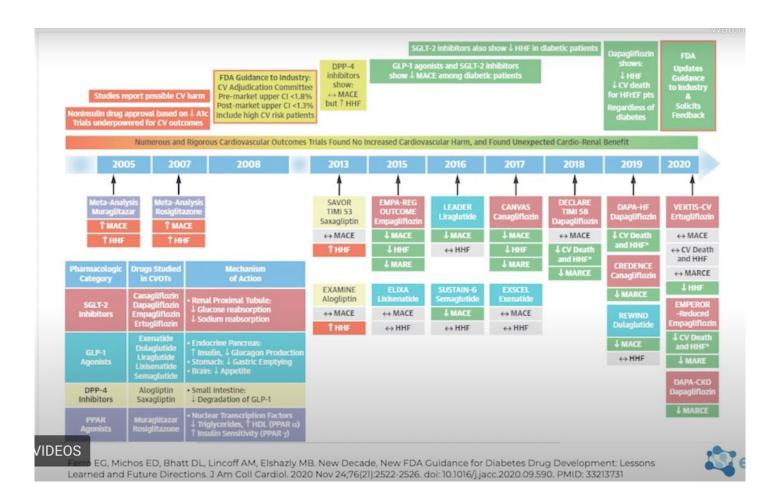


Scientific Evidence			Higher	Scientific Evidence		
Weak/Absent	Moderate	Strong	Risk	Strong	Moderate	Weak/Absent
CEi SGLT2i Vericiguat RB H-ISDN IRA Digoxin RNI Ivabradine BL Omecamtiv-Mecarbil			Stage 5 eGFR < 15 mL/min/1.73m ²			ACEi SGLT2i Vericiguat ARB H-ISDN MRA Digoxin ARNI Ivabradine BBL Omecamtiv-Mecarb
RNI SLT2i mecamtiv-Mecarbil ericiguat -ISDN abradine igoxin	ACEI BBL MRA ARB		Stage 4 eGFR 15-29 mL/min/1.73m ²	ACEi SGLT2i Omecamtiv-Mecarbil Vericiguat Digoxin	ARB MRA	ARI BE H-ISD Ivabradin
Dmecamtiv-Mecarbil /ericiguat H-ISDN vabradine Digoxin	ARB	ACEI ARNI SGLT2I MRA BBL	Stage 3B eGFR 30-44 Stage 3A eGFR 45-59 mL/min/1.73m ²	ACEi ARNI SGLT2i MRA BBL ARB Omecamtiv-Mecarbil Vericiguat Digoxin H-ISDN Ivabradine		
Omecamtiv-Mecarbil fericiguat I-ISDN vabradine bigoxin	ARB	ACEI ARNI SGLT2I MRA BBL	Stage 2 eGFR 60-89 mL/min/1.73m ²	ACEI ARNI SGLT2I MRA BBL ARB Omecamtiv-Mecarbil Vericiguat Digoxin H-ISDN Ivabradine		
Omecamtiv-Mecarbil fericiguat I-ISDN vabradine Digoxin	ARB	ACEI ARNI SGLT2I MRA BBL	Stage 1 eGFR 2 90 mL/min/1.73m ²	ACEi ARNI SGLT2i MRA BBL ARB Omecamtiv-Mecarbil Vericiguat Digoxin H-ISDN Ivabradine		



CENTRAL ILLUSTRATION Changes in Use and Dose of GDMT Over 12 Months Among Patients With Chronic Heart Failure With Reduced Ejection Fraction in Contemporary U.S. Outpatient Practice

Greene, S.J. et al. J Am Coll Cardiol. 2019;73(19):2365-83.



GDMT: Simultaneous/Rapid Sequence Strategy

Hospitalized or outpatient							
Day 1	Day 7-14	Day 14-28	Day 21-42	Beyond			
ARNI		(Titrate, as tolerated)	Titrate, as tolerated	 Maintenance / further optimization of foundational therapies Consideration of EP device therapies/Mitraclip 			
BB	Titrate, as tolerated	Titrate, as tolerated	Titrate, as tolerated				
MRA		Titrate, as tolerated		 Consideration of add-on therapies or advanced 			
SGLT2i				therapies, if refractoryManage comorbidities			
Low starting doses Prioritize beta- blocker titration		Rx demonstrated within fits within 30 days (>75	30 days of initiation % relative risk reduction)	Focus on complete set of CDMMT being implemented			

Benefits of Simultaneous or Rapid Initiation of ARNI, BB, MRA, and SGLT2i for HFrEF are Multifaceted



ARN, angesterast-receptor-experience children IBD. Serie Discher, HF, Naart Sakare, HF (EF, Naart Sakare with reduced epictors fraction; UVEF, left verticular epictors fraction; MRA, reveniencerticul receptor extegrities; 201; 272, and/are glocose commenced as 2 beliefte; 1. Reprint 7, et al. JACC Heart Fail 2010;7:023-041; 2. Deale AB, et al. JAMA 2019, do:10.1001/jema.2019.12043; 3. Marrise DA, et al. Circulation; 2019;1:30:2085-2286; 4. Brank AS, et al. Circular Fail 2010;7:023-041; 2. Deale AB, et al. JAMA 2019, do:10.1001/jema.2019.12043; 3. Marrise DA, et al. Circulation; 2019;1:30:2085-2286; 4. Brank AS, et al. Circular Fail 2010;2:10:1114; 2. Circular Sacrossition; 2. Circular Sacrossitio; 2. Circular Sacrossiti

Cost, Value, and Access for Comprehensive "Add-On" Medical Therapy for Heart Failure



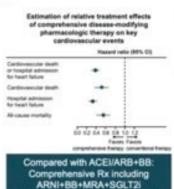
Updated from Foreirow GC, et al. Am Heart J. 2011;181:1024-1030 and Basis NS, et al. JAMA Cardiol. 2020; May E. x200898. Parloy J7 et al. JAMA Cardiol 2021, May 26 doi:101001; Grazieno TA, et al. JAMA Cardiol. 2018;1(d);886-72; Sanka G, et al. J Am Coll Cardiol. 2013;51(13);1440-6; MuEwan P, et al. Eur J

Estimating lifetime benefits of comprehensive disease-modifying pharmacological therapies in patients with heart failure with reduced ejection fraction: a comparative analysis of three randomised controlled trials

Heritari Kalegolarian, Banel Singari, Yadagi (Juari), Santara Witsonapura, Jain Sala-Larrin, San-Tanad, Mikor Salar Hergy (Neuron, 2011) William, Antil' (Heritari

	(w-2137)	PARADICIMIT	DAPA-S predital
	Colorences replacedure	Security Interfer	Dependiture in placetor
Ervalment period	2006-10	2009-12	2017-18
Median follow-up, months	21 (10-30)	27 (19-36)	18 (13-21)
Age, years	88 (5)	84 (11)	66 (11)
Sex			
Mate Fernale	2127 (78%) 610 (22%)	8067 (78%) 1832 (22%)	3635 (77%) 1109 (20%)
Systek: blood pressure. menting	124 (17)	121 (19)	122 (16)
Heart rate, tigen	72 (13)	72 (12)	72 (12)
Left ventricular ejection fraction, %	28 (5)	30 (8)	211 (7)
New York Heart Association clean			
1	0	389 (5%)	.0
2	2737 (100%)	5919 (70%)	3203 (98%)
3	0	2018 (24%)	1498 (32%)
4	0	60 (1%)	43 (1%)
Atrial Rollation	844 (31%)	3091 (37%)	1818 (38%)
Distance	859 (31%)	2907 (39%)	1983 (42%)
Previous hospital admission for heart failure	1440 (53%)	5274 (62%)	2251 (47%)
Duration	2326 (86%)	8738 (80%)	4008 (84%)
ACE WHERE ARE WARN	2587 (80%)	8379 (100%)	440 (94%)
# blocker	2374 (87%)	7811 (80%)	4558 (96%)
Mnenicortoxi sosptor artagonia		4671 (58%)	3370 (71%)
and the second se			

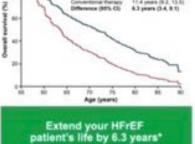
Data are n (%) or neutr (SD) unless otherwise stated



HR 0.38 CV death / HF hospitalization HR 0.50 CV death HR 0.32 HF hospitalization HR 0.53 mortality



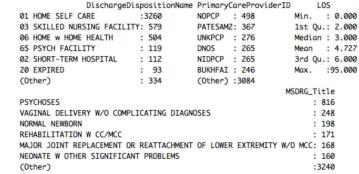
Compared with ACEI/ARB + BB:



610

Outcomes

2	PAPIER A	
A BARK		
		Advant Paratic Series &



(VUILI)

> power.prop.test(p1 = .2000, p2=.0500, sig.level = .05, power = .8, alternative = "one.sided") Two-sample comparison of proportions power calculation n = 59.05272 p1 = 0.2 p2 = 0.05 sig.level = 0.05 power = 0.8 alternative = one.sided

Angle gas of a				NOTE: n is numb	er in "each" group	
(0010) 1002		(00.00) .000	(Counce years	
DischargeDispositionNam			ReadmitDays	AdmitDiag DRG		MSDRG_Title
01 HOME SELF CARE :211	BUKHFAI: 52	Min. : 0.000	Min. : 0.00	486 : 81 Min. :19	0.0 HEART FAILURE & SHOCK W MCC	:90
03 SKILLED NURSING FACILITY: 79	AHMAAHM: 19	1st Qu.: 2.000	1st Qu.: 0.00	428 : 58 1st Qu.:19	2.0 HEART FAILURE & SHOCK W CC	:62
06 HOME w HOME HEALTH : 46	JATONAE: 19	Median : 3.000	Median : 0.00	491.21 : 46 Median :19	4.0 CHRONIC OBSTRUCTIVE PULMONARY D	DISEASE W MCC:53
20 EXPIRED : 8	CHIC : 17	Mean : 3.967	Mean :10.51	428.23 : 22 Mean :23	7.3 SIMPLE PNEUMONIA & PLEURISY W C	:C :50
07 AGAINST MEDICAL ADVICE : 5	NIDPCP : 14	3rd Qu.: 5.000	3rd Qu.:11.50	496 : 21 3rd Qu.:29	1.0 SIMPLE PNEUMONIA & PLEURISY W M	ACC :42
62 REHAB FACILITY : 4	BILYTHO: 13	Max. :14.000	Max. :98.00	786.09 : 19 Max. :29	3.0 CHRONIC OBSTRUCTIVE PULMONARY D	DISEASE W CC :31
(Other) : 14	(Other):233			(Other):120	(Other)	:39
DischargeDispositionName	PrimaryCareProviderID	LOS	ReadmitDays	AdmitDiag DRG		MSDRG_Title
01 HOME SELF CARE :31	HANNKIM: 10	Min. : 0.000	Min. : 0.000	491.21 : 6 Min. :190.0	HEART FAILURE & SHOCK W MCC	:9
06 HOME w HOME HEALTH : 4	COVAJOA: 7	1st Qu.: 2.000	1st Qu.: 0.000	428 : 5 1st Qu.:192.0	HEART FAILURE & SHOCK W CC	:6
02 SHORT-TERM HOSPITAL : 1	MULTKIR: 7	Median : 3.000	Median : 0.000	428.21 : 3 Median :194.0	SIMPLE PNEUMONIA & PLEURISY W MCC	:6
03 SKILLED NURSING FACILITY: 1	HENDTHE: 5	Mean : 3.289	Mean : 8.684	486 : 3 Mean :239.2	CHRONIC OBSTRUCTIVE PULMONARY DISEAS	SE W MCC :4
20 EXPIRED : 1	BILYSCO: 4	3rd Qu.: 4.000	3rd Qu.: 0.000	496 : 3 3rd Qu.:291.0	CHRONIC OBSTRUCTIVE PULMONARY DISEAS	SE W/O CC/MCC:4
01 DCFS : 0	HOLDELI: 3	Max. :11.000	Max. :95.000	428.23 : 2 Max. :293.0	CHRONIC OBSTRUCTIVE PULMONARY DISEAS	E W CC :3
(Other) : 0	(Other): Z			(Other):16	(Other)	:6

5001 Admissions	HEIHT Medical Group	Where did they go?	HEHE Hedical Group	Diagnosis with readmission penalty	Difference in CHF, COPD and Pneumonia LOS & Readmission	HEHE Madical Group
Doctor • NOPCP : 498 • PATE : 367 • UNKPCP : 276 • DNOS : 205 • NIDPCP : 265 • BUKH : 246	Diagnoses PoyocioSES 816 CHF.COPD.Persimonia 446 VADINAL DELIVERY W/O COMPLICATING DIAGNOSES: 248 NORMAL DEVEORPH: 198 REHABILITATION W OCIMCC 117	HOME SELF CARE: 3260 SKILLED NURSING FACILITY: 579 HOME W HOME HEALTH: 504 PSYCH FACILITY: 119 SHORT-TERM HOSPITAL: 112 EXPIRED: 93		445 with COPD, CHF or Preumonia With or FURT 1991 KC 3 Key (013) vertical and control and	 LOS 3.9 days in non-navigated group 3.2 days in navigated group p= 0.05 	
Readmission Rate CHF, COPD, PNA 22- 30% Other Medical 12%	MAJOR JOINT REPLACEMENT: 168 NEONATE SIGNIFICANT PROBLEMS: 160 (Other): 2794	(Other): 334 Avg LOS: 4.7 Days		44 Readmitted with the Same Diagnosis set to the set of t	Readmission 22% in non-navigated group (79/367) 55% in navigated group (2/36) p= 0.01	

> t.test(big6_Control\$LOS, y=big6_NorthDecatur\$LOS, alternative="greater")

Welch Two Sample t-test

נכנדי ניטוטטן כננדי ניטוטטן כננדי

LOS

data: big6_Control\$LOS and big6_NorthDecatur\$LOS t = 1.7836, df = 45.854, p-volue = 0.04761 alternative hypothesis: true difference in means is greater than 0 95 percent confidence interval: 0.009869241 Inf 0.009809241 sample estimates: mean of x mean of y 3.967302 3.289474 > prop.test(x=c(79,2), n=c(367,38), alternative = "greater", conf.level = .95)

Z-sample test for equality of proportions with continuity correction

dot:: (77, 2) Out of (CMPR13) X-squred - 4.7289, df = 1, p-volue = 0.8149 Diserrative Monobasis: greater 35 percent confidence interval: 0.4785383 L.0000000 sample estimates: prop 1 prop 2 0.21525866 0.6523158 > prop.test(x=c(534,38), n=c(4693,388), alternative = "greater", conf.level = .95)

2-sample test for equality of proportions with continuity correction

data: c(534, 38) out of c(4693, 308) X-squared = 0.17629, df = 1, p-value = 0.6627 X-squared = 0.17629, df = 1, p-v alternative hypothesis: greater 95 percent confidence interval: -0.04307208 1.00000000 sample estimates: prop 1 prop 2 0.1137865 0.1233766

Questions and Answer Discussion



Top Take-Aways – Putting Knowledge Into Action



What is one thing you learned today that you could start doing immediately?



How will this action improve your current way of doing the practice/process?



Who is involved and how can they support the action to make it sustainable?



Recap & Next Steps

- Additional pathways for learning
 - Sharing Best Practices to a greater community through coalition meetings
 - Using Case Study examples to identify new ways of doing something or missed opportunities
- Next meeting June 20, 2023 @ 2 pm ET

Visit the ESRD NCC website to find materials and share https://esrdncc.org/en/professionals/expert-teams/



Social Media

ESRD National Coordinating Center





@esrdncc



ESRD NCC | End Stage Renal Disease National Coordinating Center (NCC)



Thank You

Julie Moss jmoss@hsag.com 813-300-6145



This material was prepared the End Stage Renal Disease National Coordinating Center (ESRD NCC) contractor, under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. The contents presented do not necessarily reflect CMS policy nor imply endorsement by the U.S. Government. FL-ESRD NCC-NC3TDV-05142023-01