## **Expert Teams Dialysis Care In Nursing Homes**

Case-Based Learning & Mentorship

Thursday, August 3, 2023

Facilitator: Julie Moss, ESRD National Coordinating Center



## **Meeting Logistics**

- Call is being recorded
- Participants can unmute themselves
  - Please stay on mute unless you are speaking
  - Do not place the call on "hold"
- Everyone is encouraged to use the video and chat features
- Meeting materials will be posted to the ESRD NCC website.



### Who Is On The Call?

Clinician and Practitioner Subject Matter Experts

Dialysis Facility and Transplant Professionals

ESRD Network Staff

Kidney Care
Trade Association
Members

Centers for Medicare & Medicaid Services (CMS) Leadership



## **Expert Team Call Objectives**



Prepare for improvement using shared clinical cases



Test processes through the application of knowledge from the cases



Use inquiry-based learning to problem solve



Examine clinical reasoning, problem solving, and decision making through lived experience



Act as a consultancy for behavior change and improvement



## **Questions to Run On**



## How Might We . . .

- Improve the care and lives of dialysis patients that reside in nursing homes?
- Overcome barriers to dialysis care in the nursing home?
- Address other special needs for this vulnerable population?



## **Guest Expert**

David L. Mahoney, MD, FASN, FASDIN
Chief medical Officer
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# Conversion of an In-Center Dialysis Facility to a SNF Dialysis Program to Maintain Continuity of Care

AUGUST 3, 2023
END STAGE RENAL DISEASE NATIONAL COORDINATING CENTER
DAVID L. MAHONEY MD FASN FASDIN

## Background

- An in-center dialysis facility was co-located at a SNF and provided dialysis care to SNF residents and members of the local community
- ▶ The center census was 35, with 15 being SNF residents
- ▶ The facility had 10 chairs with 1 isolation room
- ▶ The dialysis provider gave notice that it would no longer serve that facility, with termination of services in 60 days
- The SNF is located in a state where there were no SNF dialysis programs

# Considerations for Planning Conversion to a SNF Program

- A new provider was needed who could convert the facility to a SNF program and do so quickly
- Patients would require alternative arrangements while the conversion took place
- Coordination with the local and state health authorities was essential to ensure that guidance and regulations were followed and that quality and safety were maintained
- Arranging transportation for 15 residents required significant logistical planning

## Step One – Alternative Arrangements for Patients

- Patients were assigned to surrounding in-center programs
- Nephrologists were included in the reassignment plans
- Transportation was arranged by the SNF and coordinated with dialysis social worker
- The SNF nursing staff established transition of care practices, as the patients were going off-site

## Step Two – Facility Conversion

- As the facility had functioned as an in-center facility, conversion consisted mostly of staffing, acquiring equipment from the previous provider, ensuring that adequate supplies were in place and inspecting the facility and performing any necessary repairs or updates
- The Department of Public Health assisted by making an onsite visit and providing guidance as to how to make the facility ready to resume service

## Step Three – Resuming Service

- 15 residents were to return to the facility
- The Department of Public Health provided guidance with recommendation to have three patients return each week
- Weekly telephone calls were held by the dialysis provider, SNF team and DPH
- Ten long-term residents returned to the facility

## Step Four – Returning to Full-Service

- With guidance from the DPH, the SNF began to accept short-term rehabilitation patients into the dialysis program
- The program has now expanded to over 35 patients

## Lessons Learned

- Create a plan for alternative site of care while the conversion is underway
- Coordinate among new dialysis provider, former dialysis provider, SNF, patients, families, nephrologists and regulatory bodies
- Ensure that the transition will not diminish quality or safety of care
- Resume service gradually
- Plan for success

## Questions



## **Case Study Presentations**





## **Expert Teams Call Network 6**

Emmanuel Harris BSN, RN Regional Quality Manager Concerto
August 2023

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#### **Concerto Renal Services**

#### Network 6

- Provide Hemodialysis for Nursing Home Residents in Sub-acute Setting
- Specializing in patients with intricate medical requirements
- Operating In Georgia for 2.5 years
- Treating approximately 85 Patients in Georgia
- Currently in 7 Nursing Facilities in Georgia and over 100+ Nationwide



#### **Case Study**

#### **Transfusion**

#### **Priority:**

 Avoid unnecessary blood transfusions for patients

#### **Quality Improvement Initiatives:**

- Dedicated Anemia
   Management Team
- Deep Dives
- RCAs with the Network

#### **Changes in ESA Dosage**

- Changed from Aranesp once weekly to Epogen 3x a week
- Reduced Incidence of Missed Doses
- Can make Immediate Dose Adjustments



#### Case Study 2

Patient 1

Last 5 Hgb; Date: 3/22/23 Hgb: 10.6

- Date: 3/29/23 Hgb: 9.4
Date: 4/5/23 Hgb: 8.8
- Date: 4/19/23 Hgb:10.0

Date 5/3/23 Hgb: 9.5

Iron Stores: Date: 3/1/23 Ferritin:1257 TSat: 49%

Iron replacement ordered: No Date: N/A

Medications: ESA Doses in last six weeks Dose: 2000 units Epogen Date: 3/31/23 – 4/21/23

Dose: 1500 units Epogen

Date: 4/24/23

Dose: 1500 units Epogen

Date: 4/26/23

Dose: 1500 units Epogen

Date: 4/28/23

Dose: 1500 units Epogen

Date: 5/1/23

Dose: 1500 units Epogen

Date: 5/3/23

Current HGB: Hospitalized? No

Other medical issues: CHF, DM, HTN

#### **Case Study**



Last 6 weeks Hgb;
Date: 3/6/23
Hgb: 10.0
Date: 3/20/23
Hgb: 7.7
Date: 3/27/23
Hgb: 8.0
Date: 4/10/23
Hgb: 8.4
Date: 4/26/23
Hgb: 9.3
Date: 5/3/23
Hgb: 9.5

Iron Stores: Date:3/1/23 Ferritin: 1348 TSat: 40%

Iron replacement ordered: No Date: N/A

Medications: ESA Doses in last two months Dose: 2700 units Epogen Date:3/6/23 - 3/22/23

Dose: 3400 units Epogen Date: 3/24/23 - 4/10/23

Dose: 4300 units Epogen Date: 4/12/23 - 5/17-23

Current HGB Hospitalized? No

#### **Best Practice RCA**



#### Care Process In Action RCA process for Transfusions

Patient 2					
Last 6 weeks Hgb;	Date:	Hgb:			
	Date:	Hgb:			
	Date:	Hgb:			
-	Date:	Hgb:			
	Date:	Hgb:			
	Date:	Hgb:			
Iron Stores: Date:	Ferritin:	TSat:			
Iron replacement ordered:	Date:				
Medications: ESA Doses in last two months		Dose:	Date:		
		Dose:	Date:		
		Dose:	Date:		
Current HGB:					
Hospitalized?					
Other medical issues:					

## Thank You

Rich Fatzinger
Senior Director | Post Acute Dialysis
Care Enablement
Fresenius Medical Care



## Questions



## **Knowledge Into Action**



## **Top Take-Aways**



What is one thing you learned today that you could start doing immediately?



How will this action improve your current way of doing the practice/process?



Who is involved and how can they support the action to make it sustainable?



## **Recap & Next Steps**

- Additional pathways for learning
  - Sharing Best Practices to a greater community through coalition meetings
  - Using Case Study examples to identify new ways of doing something and missed opportunities
- Next meeting November 2, 2023 @ 2 PM ET

Visit the ESRD NCC website to find materials and share <a href="https://esrdncc.org/en/professionals/expert-teams/">https://esrdncc.org/en/professionals/expert-teams/</a>



## **Social Media**









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