

# Expert Teams – Dialysis Care in Nursing Homes

*Case-Based Learning & Mentorship*

Friday, May 6, 2022

Facilitator: Julie A. Moss, ESRD National Coordinating Center



# Meeting Logistics

- Call is being recorded
- Lines will be open for all high performing organizations
  - Please stay on mute unless you are speaking
  - Do not place the call on “hold”
- Everyone is encouraged to use the video and chat features



# Meeting Guidelines



INTRODUCE YOURSELF  
BEFORE SPEAKING



KEEP PATIENT-SPECIFIC  
INFORMATION  
CONFIDENTIAL



BE WILLING TO SHARE  
SUCCESSSES AND  
DIFFICULTIES



BE OPEN TO FEEDBACK



ASK THE DIFFICULT  
QUESTIONS



RESPECT OTHERS



USE "...AND" STATEMENTS



KEEP TO TIME LIMITS

# Introductions

- Meeting Focus – Dialysis Care in Nursing Homes
- Guest Experts –
  - Janet Anderson, MSN, RN, CNN, Sanford Health
- High Performing Organizations
- ESRD Networks
- Centers for Medicare & Medicaid Services (CMS)



# What are Expert Teams?

- A group made up of individuals from different high performing organizations, each with their own deep experience and knowledge
- Help others learn faster by sharing what worked (and what didn't work) in their organization
- Bring the best possible solutions to the table
- Continually learn and improve

# Questions to Run On



# How Might We ...

- Improve the care and lives of dialysis patients that reside in nursing homes?
- Overcome barriers to dialysis care in the nursing home?
- Address other special needs for this vulnerable population?

# Presentation by Guest Expert

Janet Anderson, MSN, RN, CNN  
Home Dialysis Manager  
Satellite Health







# WELCOME HOME

## KIDNEY CARE

***Dialysis Care In the Nursing Home***

NCC

May 6, 2022

By Janet Anderson, MSN, RN, CNN

Twyla Nordquist, BSN, RN, CNN

Maria Regnier, MSN, RN, CNN

Sanford Health Dialysis Leadership





# *Nursing Home Partnership*



- ❖ Partnered with GSS to provide Dialysis in the Nursing Home
- ❖ April 14, 2021 – Dialysis “Den” opened



# Case Study Paulette



## Day 1:

- Walked to dialysis. Nausea 30" into treatment
- Received NS & UF dropped to zero; BS = 174
- Tx stopped 1' 13" into treatment & feeling better 20" after ending treatment
- Returned to room per wheelchair

## Day 2

- Blood pressure meds held prior to dialysis
- Initial B/P 123/78
- 15" into treatment, Paulette felt nauseous & dizzy B/P = 87/59
- NS given; UF decreased; B/P=119/75
- Treatment ended 52" into treatment. Sitting B/P=169/89; Standing 129/82

## Day 3

- Blood pressure meds held, received Zofran
- NS prime "dumped" prior to starting treatment
- Nausea & dizziness 1 hour into treatment B/P= 72/45; NS 200 mL
- B/P=94/66; NS 200 mL
- Treatment ended after 1' 25" dialysis
- Sitting B/P=169/89; Standing B/P=129/82
- Sent to In-center for treatment



# Case Study Paulette Continued



- In-center treatments continued for 2 weeks without complications.
- 124 Cartridge ordered & educator training set up

Returned to Den to resume HHD treatments

Day 1:

- Blood pressure med held & Zofran given
- Full 2 ½ hour treatment completed without complications
- B/P=115/71 prior to dialysis
- B/P 120-140's throughout treatment
- UF 700mL

Day 2:

- Full 2 ½ hour treatment completed
- B/P 130-140's throughout treatment with 1.4 L UF

Day 3:

- Full 2 ½ hour treatment completed
- B/P 140-150's throughout treatment with 1.5 L UF

# Case Study Paulette Continued



Paulette has continued to receive treatments in the Den without complications.

Survey of Quality of Life shows increased QOL.

- On scale of 1-3, QOL increased to 2.8 from 2.3
- Decreased incidence of Hospitalizations

Paulette's comments regarding the Den:

- I can just come around the corner & walk straight down. It's a lot easier.
- It gives me hope for the future.
- A lot of hope!





# *HHD Den at GSS-Sioux Falls, SD*

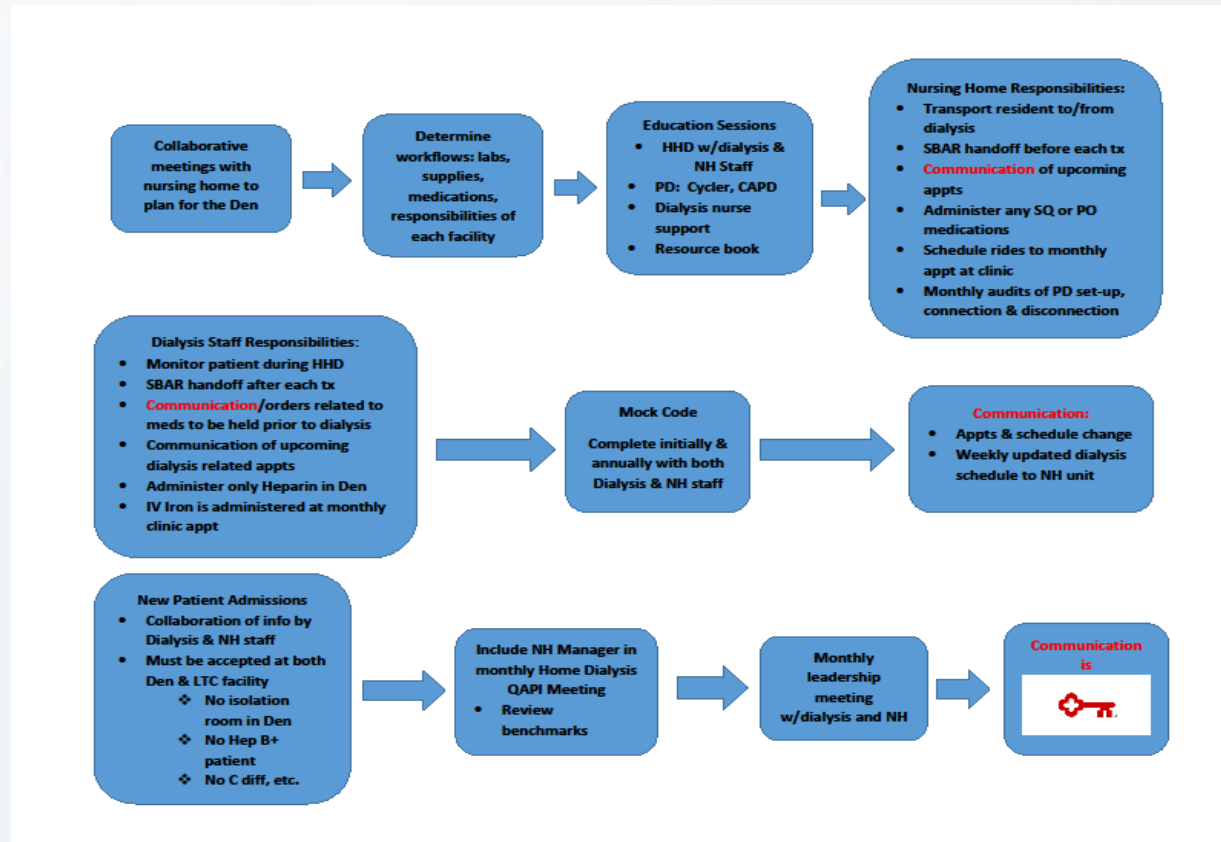


WELCOME HOME KIDNEY CARE

**SANFORD**  
HEALTH



# Implementation





# ***QUESTIONS:***





# Q&As



# Questions to Run On -- Revisited

# How Might We ...

- Improve the care and lives of dialysis patients that reside in nursing homes?
- Overcome barriers to dialysis care in the nursing home?
- Address other special needs for this vulnerable population?

# Recap & Next Steps

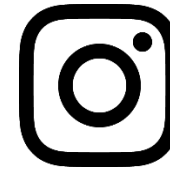
- Top take-aways
- I like, I wish, I will
- Additional pathways for learning
- Event evaluation



# Social Media



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# Thank You

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