The Doctor Will See You Now: Telemedicine Makes It Easy



Telemedicine allows you to talk to your healthcare team on your cellular phone or home computer. With telehealth, you can visit your healthcare team without leaving your home.

Benefits of Telemedicine

Simple to Use

Use your home computer or cellular phone with a camera and high-speed Internet.

No Travel

Convenience of seeing a healthcare professional from your home. No need for transportation or sitting in the waiting room.

10 Sample Questions You Can Ask Your Doctor During a Telemedicine Visit

- 1. Is there anything in my lab results I should be concerned about?
- 2. Is there anything in my diet I need to limit or change to improve my lab results values?
- 3. Are there any adjustments to my medications that need to be made?
- 4. Do I need to be concerned about my blood pressure?
- 5. Are there any symptoms I should be looking for?
- 6. Will I need more medical tests?
- 7. Are there other treatment options available to me?
- 8. How will my job or lifestyle be affected?
- 9. Do I need a follow-up visit? If so, when?
- 10. What recommendations do you have to help me reduce my stress?

Do not forget to tell your healthcare team about any recent symptoms you are experiencing.

