

COVID-19



An End Stage Renal Disease (ESRD) National Coordinating Center (NCC) Patient Education Quickinar

Coronavirus-2019 = COVID-19

May 12, 2020



Agenda

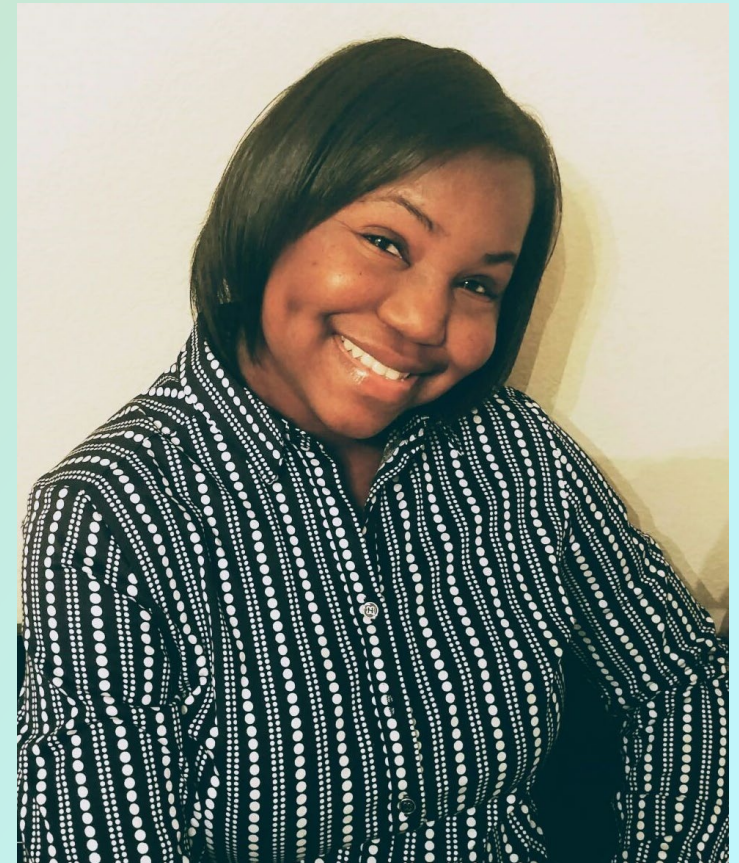
- What is this call about?
- Today's speakers
 - Precious McCowan
 - Kidney Transplant Recipient
 - Legacy Subject Matter Expert (SME), National Patient and Family Engagement-Learning and Action Network (NPFE-LAN)
 - Lisa Rodriguez, RN, CNN
 - Transplant Coordinator
 - Outreach Nurse
 - Adult Kidney Program
 - University of California (UC) Davis Health Systems Transplant Center
 - Topic: Preparing for kidney transplant during the COVID-19 pandemic
 - Questions and answers (Q&As) from chat and Q&A panels

What Is This Call About?

- Hear from an ESRD patient and provider on the transplant process.
- Provide real-world experiences for others to put into use.
- Offer ESRD resources for additional connection and support.
- Engage in weekly calls on varying topics.

Precious McCowan

Kidney Transplant Recipient
Legacy SME, NPFE-LAN



Lisa Rodriguez, RN

Transplant Coordinator

Outreach Nurse

Adult Kidney Program

UC Davis Health Systems Transplant Center



Preparing for Transplant

- Complete a care plan with your transplant team. It will let you know what you can expect while you wait.
- Talk with your nurse coordinator. Ask if the team has received your most recent test results.
- Complete your annual cancer screening/testing:
 - Mammogram
 - Pap smear
 - Prostate-specific antigen (PSA) blood test for men

Prepare Yourself for Transplant

- Patients must take responsibility to stay active while waiting by:
 - Walking daily for 30 minutes.
 - Staying well.
 - Keeping your support person current.
 - Notifying the transplant team if you lose your insurance.
 - Not skipping dialysis treatment.
 - Maintaining a list of your current medications.
 - Notifying your nurse coordinator if you become ill or hospitalized.

Prepare Yourself for Transplant (cont.)

- The UC Davis Transplant program continues to perform kidney transplants from deceased donors who are COVID-19 negative.
- Stay well and follow the Centers for Disease Control and Prevention (CDC) guidance on how to protect yourself and others from exposure to the virus.
- Call your transplant center if:
 - You have been diagnosed with COVID-19. It will not be safe to have a transplant until you are recovered.
 - You have been exposed to someone with COVID-19 and are in quarantine. It will not be safe to transplant until two weeks have passed.

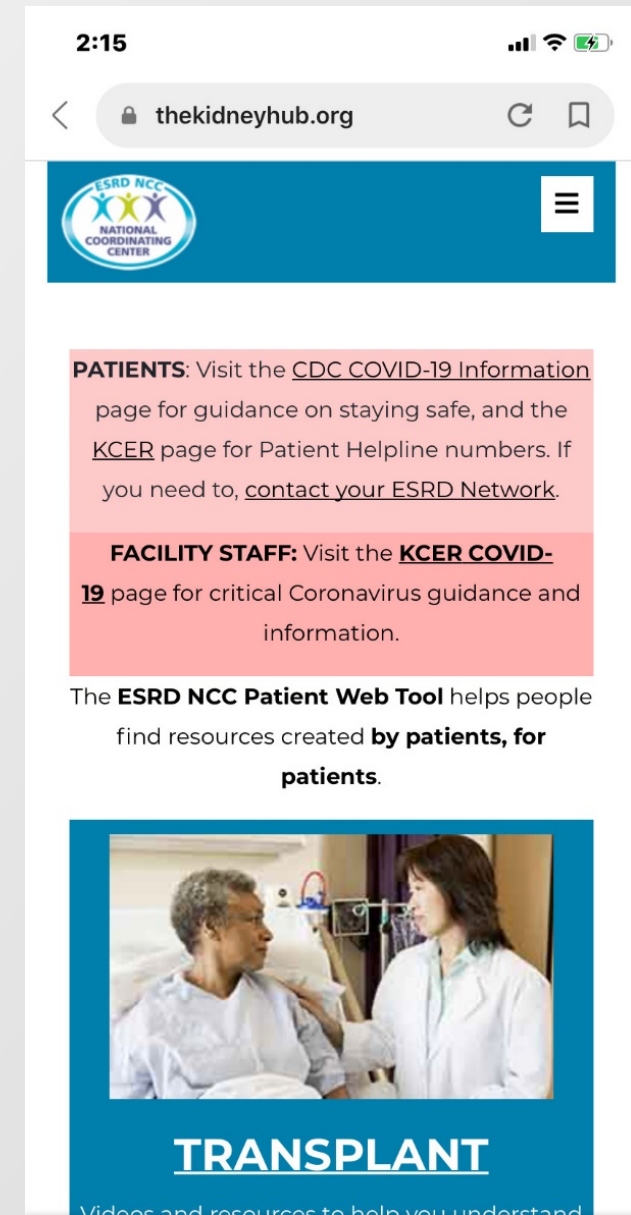
The UC Davis Transplant Team is here for you!

Let Us Hear From You

- Q&As from chat and Q&A panels

TheKidneyHub.org

- Introducing TheKidneyHub.org.
- New resource for patients and professionals
- Secure, mobile-friendly web tool developed by the ESRD NCC with assistance from patient SMEs.
- Links to important materials, such as:
 - COVID-19 emergency resources.
 - Patient-created resources on transplant, infection prevention, well-being, etc.
 - Educational materials for new (and experienced) ESRD patients.
 - And more.



The screenshot shows a mobile browser interface for the website thekidneyhub.org. At the top, the time is 2:15 and there are icons for signal strength, Wi-Fi, and battery. The address bar shows the URL thekidneyhub.org. Below the address bar is a blue header with the ESRD NCC National Coordinating Center logo on the left and a hamburger menu icon on the right. The main content area has a pink background with two sections: 'PATIENTS: Visit the [CDC COVID-19 Information](#) page for guidance on staying safe, and the [KCER](#) page for Patient Helpline numbers. If you need to, [contact your ESRD Network](#).' and 'FACILITY STAFF: Visit the [KCER COVID-19](#) page for critical Coronavirus guidance and information.' Below this, a text block states: 'The **ESRD NCC Patient Web Tool** helps people find resources created **by patients, for patients.**' At the bottom, there is a video player showing a doctor in a white coat talking to a patient in a hospital bed. Below the video, the word 'TRANSPLANT' is written in large white letters on a blue background, followed by the text 'Videos and resources to help you understand'.

Our Next COVID-19 Quickinar Events

- Save the dates for our next events.
 - Patient-focused event:
May 12, 2020, at 5 p.m. ET
 - Provider-focused event:
May 13, 2020, at 5 p.m. ET
- Visit www.kidneyCOVIDinfocenter.com for information and to register.

The screenshot shows a webpage titled "CORONAVIRUS COVID-19" with a header image of virus particles. Below the header, there is a navigation menu with "COVID-19" and "Quickinar" Events. The main content area features two columns: "For Patients" and "For Healthcare Providers". A sidebar on the right contains a "COVID-19" section with links for "For Healthcare Providers", "For Patients", "COVID-19 Quickinar Events", and "Share the COVID-19 Quickinar Events On Your Site".

The ESRD NCC works with the Centers for Medicare & Medicaid Services (CMS) and other agencies to ensure the safety and continued treatment of dialysis patients and transplant recipients in the United States. Below is a list of resources to help you protect yourself from and stay informed of COVID-19.

For Patients

For Healthcare Providers

COVID-19

- For Healthcare Providers
- For Patients
- COVID-19 Quickinar Events
- Share the COVID-19 Quickinar Events On Your Site

Thank You!

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813.865.3545

www.esrdncc.org

Additional COVID-19 resources for patients and providers:



<https://www.kcercoalition.com/en/covid-19>



www.kidneyCOVIDinfocenter.com

This material was prepared the End Stage Renal Disease National Coordinating Center (ESRD NCC) contractor, under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. The contents presented do not necessarily reflect CMS policy nor imply endorsement by the U.S. Government. Publication Number FL-ESRD NCC-7N56TD-05112020-02

