



Congratulations on choosing a home dialysis treatment therapy. This checklist will help you organize your space and get ready to transition your care to your home.

Find Your Space

- Select a location in your home for your treatments.
- Follow guidelines from your facility to ensure the cleanliness of the location you have selected.
- Find a comfortable chair or bed to use for your treatments.
- Determine the water source, if needed based on your treatment type.
- Locate the drain you will use. (If you use a bathroom consider the distance to where you are setting up the treatments.)
- Identify the electrical outlet source (work with your team to ensure it is the correct kind).
- Find a place for your machine.
- Figure out where you will store your supplies.
- Talk to your facility about pets, if you have pets in your home.

Storing Your Supplies

- Identify how you are going to store your supplies.
- Decide what you will do with any boxes and packaging after your supplies are used.
- Order 6 weeks of supplies at a time as it is recommended. If you do not have space, can you ask to order more frequently?
- Store small supplies in drawers on wheels, which allows you to move them when not being used.

Tracking Your Treatment Supplies

- Decide if you want to use a technology-based tool (such as an app) or develop your own process for regular supplies tracking.
- Record the supplies you receive.
- Monitor what you need to reorder.

After the Deliveries

- Determine the process for removing the extra trash after using the supplies.
- Identify how you will get rid of recyclable items versus the non-recyclable items.
- Decide where you will place your container for the extra trash items.

Items to Remember

- Set up a schedule to perform equipment tests.
- Keep a dialysis log to track each dialysis treatment.
- Determine your dialysis treatment schedule and decide how it will tie in with your everyday schedule.
- Ask for care team contact information and keep in an easy to find location.
- _____
- _____



Home Dialysis Affinity Group, Subject Matter Experts say,

“The most valuable piece of information I learned about home dialysis was that my life was not over. You can continue to do things that you enjoy. You just need to do them differently. For me, a light switch just kind of ‘turned on’ when I realized this.”

“When I started peritoneal dialysis, I wish I had known about the space needed for supplies and the trash generated after the supplies are used. Luckily, I was able to develop a plan to get rid of the extra boxes.”

“I wish I had known my home dialysis options when I started hemodialysis. I might have chosen a home option to start with if someone had explained my options to me first.”

