Tips for Connecting Remotely

Use this guide to learn how to use video calling during isolation and beyond

Table of Contents

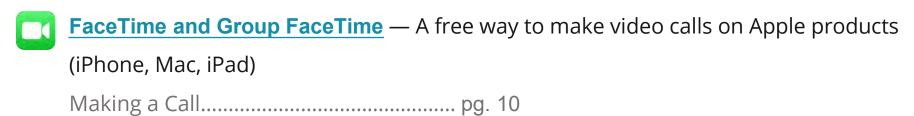
Tips for connecting over video from your computer or phone

This guide will help you set up:

G	Google Account — Google's email Account that let's you sign into other Google tools
	Setting Up An Accountpg. 1

1	Google Hangouts — A free video call platform from Google
	On Your Computer pg. 2
	On Your Smartphone pg. 4

O	Google Duo — Another free video call platform from Google
	On Your Computerpg. 6
	On Your Smartphonepg. 8



The platforms referenced in this document do not constitute product endorsement, but rather serve as instructional tools for the benefit of ESRD patients.



Set-up a Google Account to use Google Hangouts or Google Duo

Page 1

A Google Account (Gmail) is a Google email address that gives you access to other online tools. This page is about how to set up a Gmail Account.

Click "Create account."

Google
Sign in
to continue to Gmail

Email or phone

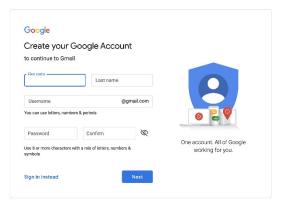
Forgot email?

Not your computer? Use Guest mode to sign in privately.
Learn more

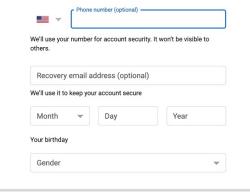
Create account

Next

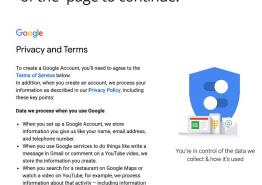
2. Follow the instructions to create an account. Enter your first and last name. Choose a username and password.



3. Fill in your telephone number and a recovery or back-up email address (optional). Next, enter your birthday and gender.



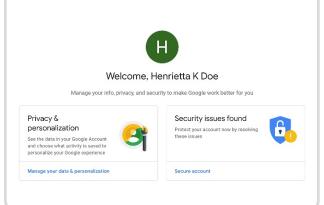
4. Read through the privacy and terms. Press "I agree" at the bottom of the page to continue.



like the video you watched, device IDs, IP addresses,

cookie data, and location

5. Awesome! Your Google email account, "Gmail," has been created.



6. Next, you can use your Gmail address to make a video call with **Google Hangouts** or **Google Duo!**





Page 2

Google Hangouts is a free video calling platform by Google. This page is about how to make a video call on your computer.

1. Go to hangouts.google.com

1. Go to hangouts.google.com

1. Go to hangouts.google.com

2. Google hangouts

Talk to your friends and family

Heigads as your disc cal, prom, or message bus people you fore

Talk to your friends and family

Heigads as your disc cal, prom, or message bus people you fore

Talk to your friends and family

Heigads as your disc cal, prom, or message bus people you fore

Talk to your friends and family

Heigads as your disc cal, prom, or message bus people you fore

Talk to your friends and family

Heigads as your disc cal, prom, or message bus people you fore

Talk to your friends and family

2. Sign into your Google Account.
Follow the directions to create a new account if you don't already have one.

Google
Sign in
to continue to Gmail

Email or phone
Forgot email?

Not your computer? Use Guest mode to eign in privately.
Learn more

Create account

Next

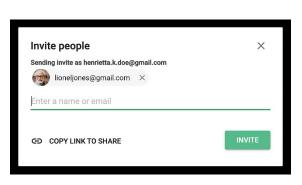
3. On your Google Hangouts homescreen, select "Video call."

Hi, Henrietta K!

Get started by calling or messaging a friend below.

VIDEO CALL PHONE CALL MESSAGE

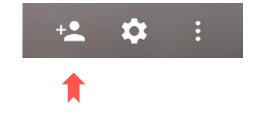
4. Enter the name or email of the person you'd like to call and select "Invite." Your friend will also need to have a Gmail address to accept your video call.



5. Once your friend accepts the video invitation, they will appear in the video call.



6. To add more people to your Google Hangout, click the "Add people" icon and enter their names or emails. When they accept the invitation, they will also appear in the video call.





Page 3

Google Hangouts is a free video calling platform by Google. This page is about how to accept a video call on your computer.

1. Go to hangouts.google.com

Talk to your friends and family

Hangouts any years does all, phone or message has people your love

Talk to your friends and family

Hangouts any years does all, phone or message has people your love

Talk to your friends and family

Hangouts any years does all, phone or message has people your love

Talk to your friends and family

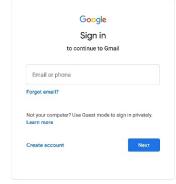
Hangouts any years does all, phone or message has people your love

Talk to your friends and family

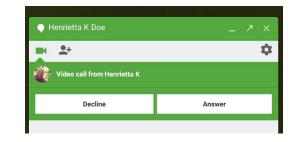
Hangouts any years does all, phone or message has people your love

Talk to your friends and family

2. Sign into your Google Account. Follow the directions to create a new account if you don't already have one.



3. When someone invites you to a video call, an invitation will appear in your Google Hangouts with the option to "Decline" or "Answer." You can also have them email you a link to the call.



4. Once you click "Answer," or open the email link, your video call will appear!





Page 4

Google Hangouts is a free video calling platform by Google. This page is about how to download the app and sign in on your smartphone.

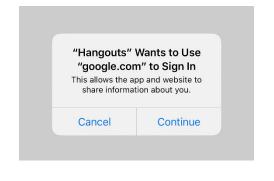
1. Go to either your <u>Apple App store</u> for iPhone or <u>Google Play Store</u> for Androids to search and download the Google Hangouts App.



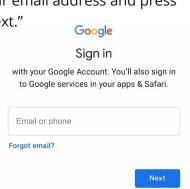
2. Once downloaded, open the app and click "Get Started."

Welcome to Hangouts
Messaging, voice, and video calls

3. Google Hangouts will then ask permission to use your Google Account information to sign in. Press "Continue."



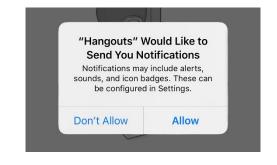
4. You will be asked to sign into your Gmail Account. If not already signed in on another device, please enter your email address and press "Next."



5. Then enter your email password and press "Next."

Google		
Welcome		
henrietta.k.doe@gma	ail.com	
Enter your password	0	
Forgot password?	Next	

6. You will be asked to give Google Hangouts permission to send notifications to your phone. Press "Allow."





Page 5

Google Hangouts is a free video calling platform by Google. This page is about how to make a video call on your smartphone.

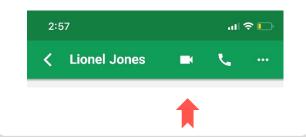
1. On your Google Hangout home screen, click the plus sign in the bottom right hand corner to make a call.



2. Search your Google Hangout contacts to find the person you would like to call or add their email or phone number directly.



3. Click their contact card to open a conversation with them. You can either send them a message, audio call, picture, or video call from this screen. Click the video icon in the top right corner to make a video call.



4. Hangouts will then ask for permission to access your phone's microphone. Press "Ok" to continue.



5. Hangouts will also ask for permission to access your phone's camera. Press "Ok" to continue.



6. Your video call will then start!





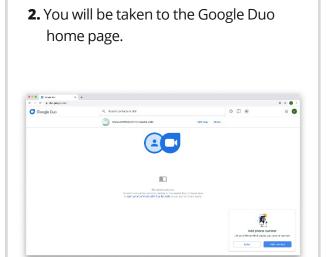
Page 6

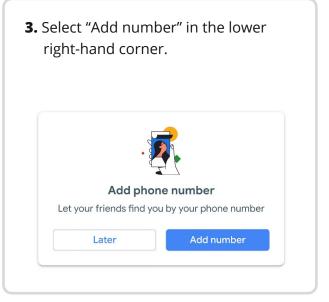
Google Duo is a free video calling platform by Google. This page is about how to make a video call on your computer.

1. Go to duo.google.com. Click "Try Duo for web" in the upper right-hand corner.

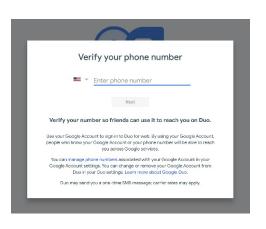
***Be together in the moment

| Park of the park of the





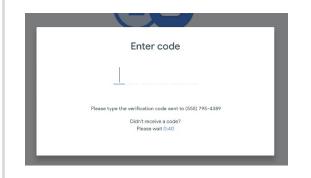
4. Type in your phone number. Press "Next" to continue.



5. The phone number you entered will receive an automated text message with a 6-digit verification code.

Your Google verification code is 803792.

6. Enter the code into the verification screen.





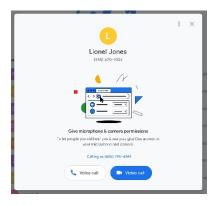
Page 7

Google Duo is a free video calling platform by Google. This page is about how to make a video call on your computer.

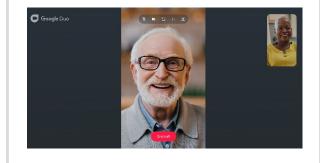
7. When your phone number is verified, you will return to the main screen. You will now be able to search through your contacts to connect with others that have a Google Duo Account.



8. Once you find a person to call, you can double click their profile to see your call options. You can either choose to "Voice call" or "Video call" that person.



9. The video call will automatically pop-up on your screen once your friend answers!





Page 8

Google Duo is a free video calling platform by Google. This page is about how to make a video call on your smartphone.

1. Go to either your <u>Apple App store</u> for iPhone or <u>Google Play Store</u> for Androids to search and download the Google Duo App.



2. Once downloaded, open the app. You will immediately be asked to enter your telephone number. After completing, press "Next" to continue.

Verify your number Your contacts will video call you using your

United States (+1)

3. The phone number you entered will receive an automated text message with a 6-digit verification code.

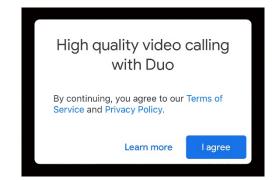
Your Google verification code is 803792.

4. Enter the code into the verification screen.

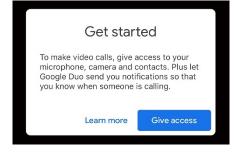
Verification code

Please type the vertification code sent to +1 555-795-4389

Didn't receive a code? Please wait 01:00 **5.** Once the number has been verified, read through the privacy and terms. Press "I agree" to continue.



5. Google Duo will then ask to have access to your phone's audio, camera, contact, and notification features to enable video calls. Press "Give access" to continue.

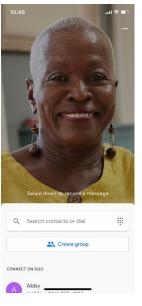




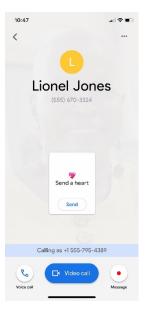
Page 9

Google Duo is a free video calling platform by Google. This page is about how to make a video call on your smartphone.

7. You will then come to Google Duo's main screen. You will be able to search through your contacts to connect with others that have a Google Duo Account in the search bar on the bottom of your page.



8. Once you find a person to call, you can double click their profile to see your call options. You can either choose to "Voice call" or "Video call" that person.



9. The video call will automatically pop-up on your screen once your friend answers!





Learn How to Use FaceTime and Group FaceTime

Page 10

FaceTime is a free way to make video calls on iPhone, Mac, or iPad, and Group FaceTime makes it easy to chat with multiple people at the same time. This page is about how to start a FaceTime or Group FaceTime call from your iPhone.

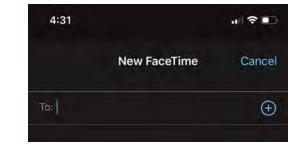
1. Open the FaceTime app.



2. To start a new call, click the plus icon in the upper right-hand corner of the screen.



3. Type in the names of the person or group of people you want to call or hit the plus sign to select their names from Contacts.



4. Once you select their name, you will click "Video" call. Select "Audio" if you want to talk without video.



5. The call will automatically start on your screen!



This material was prepared by the End Stage Renal Disease National Coordinating Center (ESRD NCC) contractor under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. The contents do not necessarily reflect CMS policy not imply endorsement by the U.S. Government. FL-ESRD NCC-7N53TF-08252020-01